



OAKLAND MENU

SALADS

CHEF CRAFTED

one specialty substitution per salad

BEETNIK .

mixt greens, arugula, roasted golden beets, avocado, goat cheese, toasted walnuts, dried cranberries, shaved fennel, savory herbs, balsamic vinaigrette 11.95

FALAF (v)

mixt greens, house-baked falafel crumbles, roasted cauliflower, avocado, grapes, cucumbers, chickpeas, fresh herbs, lemon tahini vinaigrette 11.75

BE WELL (v)

mixt greens, avocado, chickpeas, quinoa, lentils, carrots, edamame, cucumbers, scallions, fresh herbs, cilantro jalapeño vinaigrette 11.25

NAMASTE (v)

mixt greens, cabbage, **marinated organic tofu**, avocado, spiced cashews, jicama, mango, red bell peppers, carrots, tamarind vinaigrette **12.75**

ORCHARD

kale, mixt greens, **grilled chicken**, **applewood smoked bacon**, apples, sharp cheddar, avocado, toasted almonds, savory herbs, balsamic vinaigrette **14.45**

MANDARIN (q)

romaine hearts, kale, **crispy chicken**, cabbage, oranges, spiced cashews, snow peas, jicama, sesame seeds, fresh herbs, miso ginger vinaigrette **13.95**

COWBOY

romaine hearts, **grilled chicken**, roasted red peppers, black beans, sharp cheddar, scallions, point reyes blue cheese dressing with a chipotle honey drizzle 13.75

MIXT COBB

butter lettuce, **grilled chicken**, **applewood smoked bacon**, blue cheese, avocado, cherry tomatoes, egg, savory herbs, champagne vinaigrette **14.25**

MIXT CAESAR (q)

romaine hearts, shaved parmesan, avocado, seasonal radishes, garlic herb croutons, savory herbs, caesar dressing 10.95 with **grilled chicken** 13.95

BACHELOR (q)

mixt greens, arugula, **grilled flat iron steak***, blue cheese, herb roasted potatoes, cherry tomatoes, savory herbs, balsamic vinaigrette, topped with caramelized onions and breadcrumbs 14.95

SEASONAL

one specialty substitution per salad

SUNSHINE > •

mixt greens, cabbage, herb spiced almonds, goat cheese, oranges, avocado, radishes, shaved fennel, fresh herbs, blood orange pomegranate vinaigrette 11.25

ASPEN 🤎

romaine hearts, baby spinach, **applewood smoked bacon**, asiago seed crackle, roasted brussels sprouts, toasted walnuts, carrots, savory herbs, smoked sherry vinaigrette **11.95**

FORAGE 🤎 (q)

mixt greens, **grilled chicken**, roasted butternut squash, roasted crimini mushrooms, shaved parmesan, garlic herb croutons, scallions, golden balsamic vinaigrette **13.75**

SIDES

CRISPY CAULIFLOWER • (g) **NEW** chives, sriracha ranch 6.95

seasonal >>> vegetarian •

vegan (v)

contains gluten (q)

substitute grilled chicken for crispy chicken (q) or crispy cauliflower (q)

BOWLS

one specialty substitution per bowl

ZESTY

quinoa + kale, **grilled chicken**, feta, oranges, avocado, cabbage, pickled red onions, fresh herbs, lemon herb vinaigrette **12.95**

PACIFICA CRISPY

CHICKEN BOWL (g) NEW

RightRice® + cabbage, **crispy chicken**, mango, cotija cheese, toasted pumpkin seeds, cherry tomatoes, black beans, scallions, fresh herbs, cilantro jalapeño vinaigrette, chipotle honey drizzle **12.95**

RightRice® is a protein-packed, lower carb, vegan, veggie rice made from more than 90% vegetables (including lentils, chickpeas, and peas).

SANDWICHES

CLASSIC CRISPY (g)

crispy chicken, house pickles, shredded lettuce, herb mayo, on a toasted challah bun **10.95**

NAPA (g)

choice of protein, sliced apples, sharp cheddar, basil pesto, arugula, aïoli, on a torpedo roll

with grilled chicken

with marinated organic tofu •

with grilled flat iron steak*

10.95

9.95

13.95

PARK(g)

choice of protein, avocado, MIXT chipotle honey slaw (cabbage, carrots, fennel, scallions), aïoli, on a torpedo roll with grilled chicken
with marinated organic tofu
9.95
with grilled flat iron steak*
13.95

HUZZAH (g)

choice of protein, romaine hearts, roasted red pepper hummus, cucumbers, red bell peppers, pickled red onions, wrapped in lavash with grilled chicken 10.95 with marinated organic tofu (v) 9.95 with grilled flat iron steak* 13.95





DESIGN YOUR OWN

SALAD OR BOWL 10.95

1 CHOOSE A MAIN

organic greens or grains

ORGANIC GREENS

mixt greens kale butter lettuce baby spinach arugula romaine hearts

O R

GRAINS

quinoa + arugula (g) quinoa + cabbage (g) quinoa + kale (g) RightRice® + arugula RightRice® + cabbage RightRice® + kale

RightRice® is a protein-packed, lower carb, vegan, veggie rice made from more than 90% vegetables (including lentils, chickpeas, and peas).

2 SELECT FIVE SPECIALTY INGREDIENTS

additional ingredients \$1 each

RAW VEGETABLES

cabbage
carrots
cucumbers
jicama
pickled red onions
radishes
red bell peppers
scallions
shaved fennel
snow peas

COOKED VEGETABLES

caramelized onions
herb roasted potatoes
roasted brussels sprouts
roasted butternut squash
roasted cauliflower
roasted crimini mushrooms
roasted golden beets
roasted red peppers

FRUITS

apples avocado cherry tomatoes dried cranberries grapes kalamata olives mango

oranges 🥌

LEGUMES

black beans chickpeas edamame house-baked falafel crumbles lentils

TOASTED NUTS + SEEDS

almonds
herb spiced almonds w
pumpkin seeds
sesame seeds
spiced cashews
walnuts

HERBS

fresh mix (basil + mint) savory mix (parsley, chives + tarragon)

GRAINS

breadcrumbs (g) garlic herb croutons (g) RightRice® quinoa

CHEESE + EGG

asiago seed crackle who blue cheese cotija cheese egg feta goat cheese sharp cheddar shaved parmesan

3 ADD PROTEIN

all-natural + responsibly sourced

applewood smoked bacon marinated organic tofu (v) crispy cauliflower (v) (g) crispy chicken (g) grilled chicken grilled flat iron steak*

4 DRESS IT UP

made from scratch, in-house, without genetically engineered ingredients

VINAIGRETTES

balsamic •

2.5

3

6

blood orange pomegranate (v)

3.5 champagne (v)

3.5 cilantro ialapeño (v)

3.5 golden balsamic (v)

lemon herb (v)
lemon tahini (v)
miso ginger (v)
smoked sherry (v)
tamarind (v)

2.95

DRESSINGS

caesar (made with anchovies)
point reyes blue cheese •
sriracha ranch •

2.95

2.45

OIL + VINEGARS

balsamic vinegar (v) extra virgin olive oil (v) lemon juice (v) sherry vinegar (v)

seasonal ⋙
vegetarian ●
vegan (v)
contains gluten (q)

one specialty substitution per salad

DRINKS + TREATS

LEMONADE + KOMBUCHA + MORE

homemade lemonade
2.95
pomegranate hibiscus ginger agua fresca 2.95
organic kombucha on tap 5.95
still or sparkling water 2.75
spindrift 2.50

ORGANIC ICED TEA

unsweetened organic black iced tea unsweetened organic peach green iced tea arnold palmer

HOUSE-BAKED COOKIES (q)

SNACKS

kettle chips pop chips hippeas

BOTTLED DRESSING 8.95

ask about our selection + take home your favorite

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WINE + BEER

check taps for latest local favorites!

 craft beer
 6.95

 white
 7.45

 rosé
 7.45

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